

Scoil Náisiúnta na Cathrach
Cahir National School
Kenmare, Co. Kerry
An Chathair, An Neidín, Co. Chiarraí.
Telephone 064 6642244 Email cahirschool@gmail.com



Swimming Policy

Introduction:

The school has regard to both the physical and mental development of each of its pupils.

Aims and Objectives:

Attendance at this course fulfils the aquatics strand of the P.E. curriculum as laid down by the Dept. of Education and Skills.

Policy Content

- Cahir N.S. arranges for a course of swimming instruction in the Kenmare Bay Swimming pool for its pupils during the school year. Should a child be unable to attend the course, due to ill health or any other reason, he/she must supply a medical certificate. Such pupils will need to be collected after big break at 1:10pm.
- Pupils attending the course at any given time may be from a combination of both a senior and junior class e.g. Sixth and Junior Infants, Fifth & First etc.
- The Board of Management and staff of Cahir N.S. have a duty of care to all the pupils during swimming lessons.

Swimming Procedure

Before Swimming

- In advance of each set of swimming lessons, the school principal will meet staff of Kenmare Bay Hotel to review logistics and arrangements for changing clothing.
- A letter, outlining the swimming programme details, will go out in advance of all blocks of swim classes.
- Pupils, while swimming, are in the care of their class teachers. Parents of children who wish to travel to the swimming to assist with drying and changing of their own children may of course do so.
- Parents do not have to attend themselves.
- All children attending the course should wear their tracksuit. (Swim togs may be worn under tracksuits coming to school). Each child must have a suitable bag to carry his/her swimming gear. (Sports bag or similar with secure zip or other fastening).
- All items brought to the pool must be clearly labelled with the child's name. This includes the bag, tracksuit, socks, underwear and shoes.

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- Each child must have their own togs, towel, hair brush and swim cap, all of which must also be marked.
- A teacher from the school signs in the class indicating school name and number of pupils swimming that week.

At the Pool

1. Pupils will line up at the entrance to the changing area with the pupils who are changing themselves first, followed by pupils whose parents will be present to help them.
2. Pupils with their parents wait in the reception area with their parents.
3. Boys and girls are assigned places in the changing rooms and change.
4. Pupils whose parents/adults are assisting them then enter the changing rooms.
5. Teachers observe and supervise the class groups on deck and assist pupils who need to use the toilet.
6. Adults are not permitted in the changing area during the swim lesson. When the whistle has gone at the end of the lesson, parents/assigned adults who are assisting their own children can then come down from the balcony to assist.
7. On exit pupils line up in the lobby area for collection.
8. When the pupils return to school, they have their snack and drink.

Pupils should not eat or drink while on the bus or in the swimming pool building. While in the pool, pupils must endeavour to obey the instructor's orders at all times and comply with the School Code of Conduct. Parents are required to follow policy procedures outlined herein.

Ratified by Board of Management on 21/03/2023

Date

Signed *Jean McGearilt*

Chairperson, Board of Management

Signed *Patrick Crean*

Principal